

# RICHMOND PUBLIC SCHOOL

## NEWSLETTER

Thank you to Richmond Public School's P & C for their sponsorship of our school Newsletter



*"To Strive for Excellence"*

**Term 3 – Week 9**  
**Thursday 20 September, 2018**

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### Important Dates

Thursday, 20 September	5/6C Night Of Nations
Friday, 21 September	Café 2.30pm
Wednesday, 26 September	Touchdown Morning Tea 10.30am
Wednesday, 26 September	Public Speaking Display 11.30am
Thursday, 27 September	Mathematics Problem Solving Challenge
Thursday, 27 September	Kindergarten Teddy Bear's Picnic
Friday, 29 September	Last day of Term 3
Monday, 15 October	All students return for Term 4

### Last day of Term

The last day of Term 3 is **Friday, 29 September**. Our educational journey recommences for all students on:


**Monday, 15 October 2018**

Thank you to all of our parents who have assisted the school and the students during the term. Your assistance and support is indeed appreciated! Have a safe term break and we look forward to a busy and productive Term 4.

### High School Orientation Date

Families with students in Years 6 are advised that Public High Schools in NSW will be having their Year 7, 2019 Orientation Day on Tuesday, 11 December. Our local feeder high school, Richmond High School, will be starting their Year 7 Orientation Day at 9am. More details of the event will be sent home to students/families attending Richmond High School in 2019 in the near future.

### Mathematics Computation Quizzes

Date	Stage	Skill
20 September	K	Friends of 10
-	Year 1	Groups of 11
28 September	Year 2	X11
	Years 3-6	X9 and ÷9

### Open Day Birthday Celebrations at Richmond Public School

Thank you to all the parents, caregivers and friends of Richmond Public School who attended our Education Week birthday celebrations on Wednesday 12 September 2018. It was a wonderful opportunity for parents and caregivers to view their child's classroom, their books and to witness some technology activities in action. The day ended in the culmination of the many opportunities and experiences that are offered at Richmond Public School through our outdoor assembly where we had dancers, the choir, the band, the recorder ensemble, our Opportunity Classes' verse speaking and our very cute Kindergarten item. Thank you to the teachers who put in many hours of practise time to ensure the students were well prepared and confident in their ability. Thank you also to our great students who spent many hours practising; practise that certainly paid off with their excellent performances.

A special thank you to the local business who contributed to our celebrations last week. **'WattleUBee'** supplied our birthday balloons, **'iBake'** who supplied our ingredients for the children's cupcakes and **'Neighbourhood Quality Meats'** supplied our sausages at cost, for the BBQ during the day and also for the discos.

## K-2 Sports Day

Thank you to our K-2 students and 6L leaders, for their wonderful participation at the K-2 Sports Carnival. We were very lucky with the weather and the day was a lot of fun. The parent race was a delight for the students to watch, so to the teachers' race. It was discussed that perhaps next year, Mr Crye's long legs should have to start two metres behind everyone else!

Well done to Mrs Greene and her team in coordinating this event, and also a special thank you to 6L, Miss Popovski and Miss Celeban for organising the rotational activities. It was wonderful to see so many families on the day too. We appreciate your support and sharing these special experiences with our community.

(There are photos of our celebration and K-2 Sports Day further into this Newsletter)

## The Night of Nations

Throughout this term, Stage Three inquiry based learning, focussed on Historical Concepts, from the new NSW and Australian Curriculums.

These concepts include- cause and effect, differing perspectives, empathetic understanding, event significance, and contestability.

Our inquiry question was- *What events in our human history, have sparked transformational change in our world?*

On Monday, 17 September and Wednesday, 19 September, 6L and 5D were on show. This week, 5/6M, 5/6B and 5/6C gave it their best effort too.

As part of our inquiry, we analysed primary and secondary sources in terms of usefulness, perspective or bias, and reliability. We wrote journals from the perspective of a person who experienced this event. On the actual Night Of Nations, students shared their bio-riddles about their event, by synthesising the research they have done during class time, and at home.

Each class took families back through time and down memory lane, to identify some transformational events that have changed lives.

The teachers are very proud of Stage Three and their capacity to portray nights of inspiration, controversy, adversity, atrocity, ingenuity, tenacity, and incredible resilience.

This unit of work was not a competition. Some students have had more parental involvement than other students, and that's fine. The most important aspect is the journey and the learning that has taken place, the executive management of time, both at school and home, and managing necessary resources.

Well done Stage Three and thank you to the dedicated teachers for making these showcase nights possible.

Photos of all Stage 3 Night of Nations will be in the newsletter in Term Four.

## Making Healthy Lunchbox Choices

When children eat healthily, they are more likely to behave better, listen well and concentrate for longer. Packing a healthy school lunchbox will help children to learn and play, as well as be happy at school.

*Steps to planning a healthy lunchbox:*

1. **Make time to prepare.** We all live very busy lives so it is important to plan ahead. Have fresh fruit and vegetables, milk and yoghurt as well as bread and crackers all bought in advance.
2. **Shop wisely and save money.** Buy fresh fruit and vegetables in season to ensure good quality and value for money.
3. **Make your own snacks** e.g. snack packs from fresh ingredients which you can buy in bulk.
4. **Be "environmentally friendly".** Put sandwiches and other items in reusable containers.
5. **Choose a variety of foods** from the five food groups (see below).
6. **Include a bottle of water.** There is no need for sweetened drinks such as juice, cordial or soft drinks as these contain too much sugar.



## What makes a healthy lunchbox?

Food Group	Nutrients	Suitable lunchbox examples
<b>Breads and cereals</b>	Source of carbohydrate which is a major energy source for the brain and body.	All types of bread – whole meal, multigrain, white, pita or other flat breads, fruit loaf. Rice, pasta, crackerbreads or crispbreads, rice crackers.
<b>Fruit</b>	Good source of fibre and vitamins.  The more often fruit and vegetables are available and easily accessible for children	Fresh whole fruits or cut up and placed in a container.  While fresh is best, dried fruit mix and canned fruit is also an option.
<b>Vegetable</b>	(chopped up and ready to eat), the more likely they are to eat them.  Aim to make fruit and vegetables a part of every meal or lunchbox snack.	Vegetable pieces as a snack e.g. cherry tomatoes, capsicum strips, snow peas, small corn cob or baby corn. Carrot, celery and cucumber sticks as well. Salad vegetables or coleslaw in a sandwich.
<b>Dairy</b>	Major source of calcium. Include one serve in lunchbox every day.	Low fat milk, cheese or yoghurt.
<b>Lean meats, fish, poultry, egg, nuts and legumes</b>	Protein for growing bodies.	Cold meats or chicken. Tinned fish such as salmon, tuna or sardines. Boiled eggs, baked beans, hommus.

**If possible, involve your children!** These activities may help to encourage your children to eat their new and improved lunchbox treats:

- Take them shopping and let them help choose fruits and vegetables for their lunchbox.
- Let them help prepare and pack their own school lunchbox.

Remember to also pack an extra fresh fruit or vegetable snack for our daily *Crunch and Sip* time!

## **CONNECT Program Transition to Kindergarten 2019 (Reminder)**

Our CONNECT Kindergarten Transition Program is again being implemented at Richmond Public School. This is a very valuable program as it assists our new Kindergraten students in adjusting to 'big school'. During the program, the students borrow from the library, become familiar with the school environment, meet the teachers and the Principal and participate in many of the activities that they will be involved in next year.

The CONNECT Program began on Friday 27 July, 2018 and runs every Friday in Terms 3 and 4. The program begins at 9.10am and will conclude at 11.00am. All 2019 Kindergarten students and parent/caregivers are to meet in the new hall. There is a flyer further into this Newsletter regarding our CONNECT Program.

## **2019 Enrolments**

Richmond Public School's enrolment numbers are at capacity point. Most classes are at Department of Education Enrolment Policy level and Richmond Public School's Enrolment Panel has had to decline many out-of-area applications. If you have a child or know of a family whom intend on sending their child to Richmond Public School in 2019, please have them notify the office as soon as possible.

*Lisa McGrath*  
Relieving Principal



# K-2 Sports Day





# Open Day / 90th Birthday





# Open Day / 90th Birthday





# RICHMOND PUBLIC SCHOOL

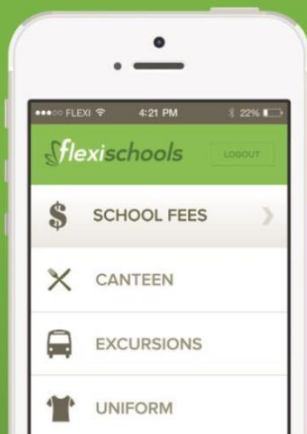
*Term Planner- Term 3 -2018 (As of Tuesday, 24 July '18)*

DAY/ WEEK	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
<b>1</b>	23.7	24.7 <i>Students Return</i>  <i>Gymnastics</i>	25.7  <i>K-2 Assembly</i>	26.7 <i>NEWSLETTER</i>  <i>Gymnastics</i>	27.7 <i>CONNECT</i>  <i>Café- 2.30pm</i>	28- 29.7
<b>2</b>	30.7 <i>Jump Rope for Heart begins – 2:10pm</i>	31.7  <i>Gymnastics</i>	1.8 <i>2019 O.C Test</i> <i>Yr 3-6 Assembly – 2:20pm</i>  <b>CPR HELP</b>	2.8  <b>CPR HELP</b>  <i>Gymnastics</i>	3.8 <i>CONNECT</i>	4- 5.8
<b>3</b>	6.8  <b>Education Week</b>  <b>Book Fair</b>	7.8  <i>Gymnastics</i>  <b>Book Fair</b> <i>iCodeNext Parent/Carer Information Session – 3:10pm</i>	8.8 <i>K-2 Assembly</i>  <b>Book Fair</b> <b>Performances @ Marketplace</b> <b>11:00am – 12:00pm</b>	9.8  <b>CAMP Stage 2</b> →  <i>Gymnastics</i>  <i>NEWSLETTER</i>	10.8 <i>CONNECT</i>  <b>CAMP Stage 2</b>  <b>Stage 3 Excursion</b> – <b>NSW Art Gallery</b> <i>Café- 2.30pm</i>	11- 12.8
<b>4</b>	13.8  <i>P&amp;C Meeting- 7pm</i>	14.8  <i>Gymnastics</i>	15.8  <b>RPS – Athletics Carnival</b> <i>Yr 3-6 Assembly</i>	16.8  <i>Gymnastics</i>	17.8 <i>CONNECT</i>  <i>Tennis Gala Day</i>	18- 19.8
<b>5</b>	20.8  <i>Parent/Carer Forum Afternoon</i>  <i>Colo High School – Year 6 Talk</i>	21.8  <i>Gymnastics</i>  <b>Book Fair/Book Parade – 10am</b>	22.8  <b>Father's Day Stall #1</b>  <i>K-2 Assembly</i>	23.8  <i>Gymnastics</i>  <i>NEWSLETTER</i>	24.8 <i>CONNECT</i>  <i>Richmond Public School – Athletics Carnival – Back up Date</i>  <b>Father's Day Breakfast</b>  <b>Father's Day Stall #2</b>  <i>Café- 2.30pm</i>	25- 26.8
<b>6</b>	27.8  <b>Blue Mountains Dance Festival – Rehearsal – 11:15am</b>	28.8  <i>Gymnastics</i>	29.8  <b>District Athletics Field</b> <i>Yr 3-6 Assembly</i>	30.8  <i>Gymnastics</i>	31.8 <i>CONNECT</i>  <b>District Athletics Track</b>	1- 2.9
<b>7</b>	3.9  <i>P&amp;C Meeting- 7pm - TBC</i>	4.9  <i>Gymnastics</i>	5.9 <i>Windsor High School – Transition Day #1</i> <i>Hawkesbury Music Festival – Choir Rehearsal</i> <i>K-2 Assembly</i>	6.9  <i>Gymnastics</i>  <b>Blue Mountains Dance Festival – 10am / 7pm</b>  <i>NEWSLETTER</i>	7.9 <i>CONNECT</i>  <b>K-2 SPORTS CARNIVAL - 11:30am</b>  <i>Café- 2.30pm</i>	8- 9.9
<b>8</b>	10.9  <b>6L NIGHT OF NATIONS</b>  <b>BIRTHDAY CELEBRATION WEEK</b>	11.9  <i>Gymnastics</i> <i>Jump Rope for Heart</i>  <i>Mufti Day</i>	12.9  <b>BIRTHDAY CELEBRATION OPEN DAY</b>  <b>DISCO NIGHT</b> <b>5:00-6:30PM / 6:30 – 8:00PM</b>	13.9  <b>5D NIGHT OF NATIONS</b>  <i>Gymnastics</i>	14.9 <i>CONNECT</i>  <i>Year 3-6 Away Sports Program</i>  <b>5c COIN LINE COMPETITION – 9:45am</b>  <b>Touchdown Cut-Off Date</b>	15- 16.9
<b>9</b>	17.9  <b>5/6M NIGHT OF NATIONS</b>	18.9  <i>Gymnastics</i>	19.9  <b>5/6B NIGHT OF NATIONS</b>  <i>K-2 Assembly</i>	20.9  <b>5/6C NIGHT OF NATIONS</b>  <i>Gymnastics</i>  <i>NEWSLETTER</i>	21.9 <i>Year 3-6 Away Sports Program</i> <i>CONNECT</i>  <i>Café- 2.30pm</i>	22- 23.9
<b>10</b>	24.9	25.9  <i>Last Gymnastics</i>	26.9  <b>Touchdown Morning Tea – 10:30AM</b>  <b>Public Speaking Display – 11:30am</b>  <i>Yr 3-6 Assembly – 2:20pm</i>	27.9  <i>Last Gymnastics</i>  <b>Kindergarten Picnic with their Teddy Bears</b>	28.9 <i>Year 3-6 Away Sports Program</i> <i>CONNECT</i>  <i>Last Day of Term 3</i>	29- 30.9







# Richmond Public School canteen is now online with Flexischools!

Register today and purchase lunch from the comfort of home or on the go!



## The easiest way to pay online.

### REGISTER

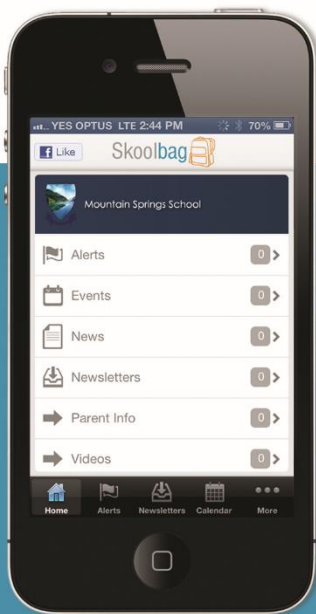
-  1 Go to [www.flexischools.com.au](http://www.flexischools.com.au) and select the **REGISTER** option and enter your email address.
-  2 You will be sent a registration email. Click on the link in the email to complete the registration.
-  3 Fill in your details on the Registration Form and click "submit".
-  4 Add your students, select their school and class.

### ORDER

 [flexischools.com.au](http://flexischools.com.au)

-  1 Go to [www.flexischools.com.au](http://www.flexischools.com.au) and select the **LOGIN** option. Click on "Start an order" for your student.
-  2 Select the service you wish to purchase from. You can also set up orders in advance.
-  3 Add each of your items. Extras and options will appear where relevant to the item.
-  4 Select your payment option. Pay for the one order or "top up" your account. Complete payment to place order.





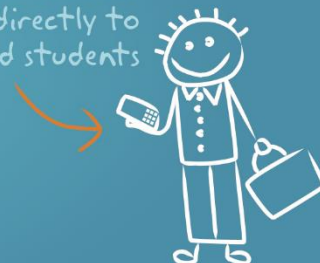
# Skoolbag

Smartphone school to parent communication

Skoolbag is a mobile App for your school to communicate directly to both parents and students. It works through both smart phones and smart devices (such as iPads and Android Tablets). Ideal for:

- > School, free push notification alerts
- > School events
- > School newsletters
- > School documents
- > School RSS feeds
- > School social media (Facebook, Twitter)

*Skoolbag delivers school notices directly to parents and students*



## How To Install Skoolbag On Your Smartphone

### iPhone & iPad Users

1. Click the "App Store" icon on your Apple device.
2. Type your school name in the search, using suburb name will help.
3. If iPhone, you will see your school appear, click "Free" then "install".
4. If iPad, change the drop list to "iPhone Apps", your school will then be visible, click "Free" then "install".
5. When installed click "Open"
6. Select "OK" to receive push notifications, when asked.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.



### Android Users

You must first have signed up with a Google Account before installing the app.

1. Click the "Play Store" button on your Android Device
2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
3. Click the school name when it appears in the search.
4. Click the "Install" button.
5. Click "Accept" for various permissions (please note, we do not modify any of your personal data on your device).
6. Click "Open" when installed.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.



Don't forget to like us on Facebook! 

Find out more at [www.skoolbag.com.au](http://www.skoolbag.com.au)

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